

Exam Preparations

Thank you for choosing Advanced Diagnostics for your imaging needs. Please follow these preparations completely to ensure accurate test results. Inadequate preparations may result in rescheduling of your exam. Please call us at (713) 790-1666 If you have any questions regarding these instructions.

1. **MRI (magnetic resonance imaging):** Please call us by 3:00 PM on the day before your exam. We will be asking you important questions.
2. **CT Scan (abdomen, pelvis):** Nothing to eat or drink after midnight. Arrive 2 hours before your exam to drink contrast. You may also pick up contrast ahead of time. In this case, drink contrast 2 hours before appointment time.
3. **CT Scan (head, neck, chest, spine):** Nothing to eat or drink after midnight.
4. **Sonogram - Abdomen (liver, gallbladder, pancreas):** Nothing to eat or drink after midnight.
5. **Sonogram - Pelvis:** One hour prior to exam time, begin drinking four, (8) oz glasses of water. Please finish drinking water 45 minutes prior to time of exam. **DO NOT EMPTY BLADDER.** Your bladder must be full when you arrive for your exam.
6. **UGI (Upper GI):** Nothing to eat or drink after midnight. **NOTE:** If you have had a barium enema in the past seven days please administer GoLYTELY the evening before your exam.
7. **Small Bowel Series:** Nothing to eat or drink after midnight. Begin administration of GoLYTELY at 7:00 PM.
8. **Angiogram:** Nothing to eat or drink after midnight. Stop Coumadin or blood thinners the night before the exam. Blood work must be drawn within three days of exam. (PT, PTT, CBC, Platelet, INR, and BMP)
9. **IVP (intravenous pyelogram):** Clear liquid diet the day before the exam. Begin administration of GoLYTELY at 7:00 PM.
10. **BE (barium enema):** You must have a regular evening meal. Begin administration of GoLYTELY at 7:00 PM. Eat no solid food at least (2) hours before taking GoLYTELY. Drink one (8) oz cup of the solution rapidly every ten minutes. A loose bowel movement should in approximately one hour. Continue drinking until the entire contents have been consumed or as directed by physician.
11. **Myelogram/ESI:** Nothing to eat or drink 4-6 hours prior to exam. Patient needs a driver for transportation after exam. No pain medications 4 hours prior to exam.

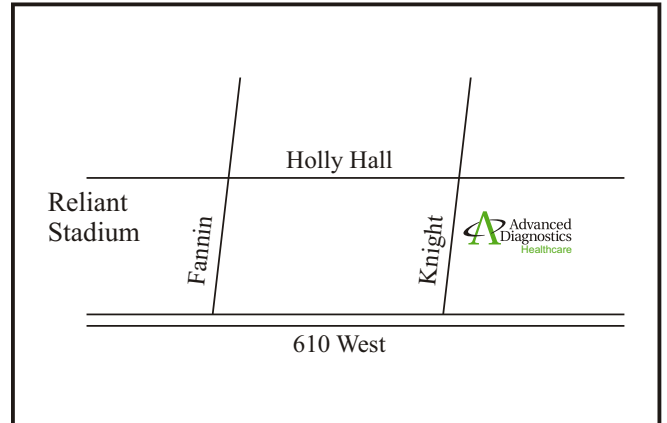
GoLYTELY may be picked up at our facility during business hours. Please pick up GoLYTELY at least 1-2 days before your exam.

Oral Contrast may be picked up ahead of time at our facility during business hours. Please pick up Oral Contrast 1-2 days before your exam.



• Scheduling line • 713.790.0467 •
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